

Somewhere to Go

Ross Lombardi

I've got to drop in room
Where people understand
To dispel the feelings of doom
To receive and lend a hand.

I've come to sit at Mind
For someone to talk to beside
To meet people of all kind
To keep at bay the loneliness inside

I've come to Mind day service
A distraction from the pain
No need to be nervous
To calm the seething oceans of my brain

I've needed to leave the house
To somewhere safe and warm
Then to go home to my spouse
A friendly port from my private storm.

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